

Study Smarts

Sept 15: Managing Your Time

Sept 22: Note Taking and Exam Preparation Skills

Sept 29: Multiple Choice Test Strategies

Oct 6: Managing Test Anxiety

All workshops are on Monday's

Room 203B

**Mohawk-McMaster Institute of Applied Health
Sciences**

11:30 -12:30 pm



If you cannot attend a workshop, feel free to make an appointment with the
Counsellor through The Square or phone 905-540-4247 ext. 26107